



Technical Dan Grade Examination Form

Name of Candidate:		Licence No:	
		Current grade:	

SECTION 1 - Nage-waza		SECTION 2 - Ne-waza		SECTION 3 – Renzoku-waza		SECTION 5 – Kaeshi-waza	
Nage-waza:		Ne-waza:		Nage-waza:		Nage-waza:	
1st SET		1st SET		1st SET		1st SET	
O-goshi		Hon-kesa-gatame		Seoi-nage to Seoi-otoshi		Harai-goshi countered by Ushiro-goshi	
Uki-goshi		Kuzure-kesa-gatame		O-uchi-gari to Ko-uchi-gari		Uchi-mata countered by Tai-otoshi	
Tsuri-goshi		Ushiro-kesa-gatame		Hiza-guruma to Harai-goshi		Ko-uchi-gari c/w Harai-tsuri-komi-ashi	
Tsuri-komi-goshi		Makura-kesa-gatame		2nd SET		2nd SET	
Tai-otoshi		Mune-gatame		O-goshi to Uki-goshi		O-uchi-gari countered by Ko-soto-gari	
Ippon-seoi-nage		Kata-gatame		O-uchi-gari to Ko-soto-gake		Ko-soto-gari countered by Uchi-mata	
Morote-seoi-nage				O-soto-gake to O-soto-gari		O-soto-gari countered by O-soto-gaeshi	
Seoi-otoshi				3rd SET		3rd SET	
2nd SET		2nd SET		Ippon-seoi-nage to Kata-guruma		Hiza-guruma countered by O-uchi-gari	
Ashi-guruma		Hon-kami-shiho-gatame		De-ashi-barai to Harai-tsuri-komi-ashi		Okuri-ashi-barai countered by Tsubame-gaeshi	
O-guruma		Kuzure-kami-shiho-gatame		Tai-otoshi to Uchi-mata		De-ashi-barai countered by Ko-uchi-gari	
Harai-goshi		Hon-yoko-shiho-gatame		4th SET		4th SET	
Hane-goshi		Kuzure-yoko-shiho-gatame		O-soto-gari to Nidan-ko-soto-gari		Tsuri-komi-goshi countered by Utsuri-goshi	
Uchi-mata		Hon-tate-shiho-gatame		Ippon-seoi-nage to Uchi-make-komi		Harai-goshi countered by Ura-nage	
Harai-make-komi		Kuzure-tate-shiho-gatame		Harai-goshi to Soto-make-komi		Ashi-guruma countered by Sukui-nage	
Hane-make-komi				5th SET		5th SET	
Soto-make-komi				Kata-guruma to Yoko-otoshi		Morote-gari countered by Harai-goshi	
3rd SET		3rd SET		Ko-uchi-gake to Ko-uchi-gari		Tani-otoshi countered by O-uchi-gari	
O-soto-gari		Nami-juji-jime		Ko-soto-gari to Nidan-ko-soto-gari		Uchi-mata countered by Te-guruma	
Ko-soto-gari		Gyaku-juji-jime		MARKS AWARDED FOR SECTION 2:		MARKS AWARDED FOR SECTION 4:	
O-uchi-gari		Kata-juji-jime		SECTION 4 – Renraku-waza		SECTION 6 – Renraku/Kaeshi/Nige-waza	
Ko-uchi-gari		Tsuri-komi-jime		Nage-waza:		Ne-waza:	
O-uchi-gake		Ryo-te-jime		1st SET		1st SET	
Ko-soto-gake				Ko-uchi-gari to Tai-otoshi		Kuzure-kesa-gatame to Ude-garami	
O-soto-guruma				Hiza-guruma to O-soto-gari		Escape Kesa-gatame to Kuzure-kesa-gatame	
Morote-gari				Ko-uchi-gari to Ippon-seoi-nage			
4th SET		4th SET		2nd SET		2nd SET	
De-ashi-barai		Hadaka-jime		Uchi-mata to Ko-uchi-gari		Kesa-gatame to Hiza-gatame	
Okuri-ashi-barai		Okuri-eri-jime		O-uchi-gari to Tsuri-komi-ashi		Escape Yoko-shiho-gatame to Sangaku-gatame	
Sasae-tsuri-komi-ashi		Kata-ha-jime		Sasae-tsuri-komi-ashi to De-ashi-barai			
Harai-tsuri-komi-ashi		Sode-guruma-jime		3rd SET		3rd SET	
Hiza-guruma		Koshi-jime		Ashi-guruma to Tani-otoshi		Kuzure-kami-shiho-gatame to Ushiro-kesa-gatame	
Uki-otoshi				Harai-goshi to O-soto-gake		Kata-juji-jime countered by Hiza-gatame	
Tomoe-nage				O-soto-gake to Seoi-otoshi			
Sumi-gaeshi				4th SET		4th SET	
5th SET		5th SET		O-goshi to O-uchi-gake		Tate-shiho-gatame to Juji-gatame	
Kata-guruma		Ude-garami		De-ashi-barai to Tomoe-nage		Escape Yoko-shiho-gatame to Kata-tate-ashi-jime	
Koshi-guruma		Juji-gatame		Ippon-seoi-nage to Ko-uchi-gake			
Yama-arashi		Ude-gatame		5th SET		5th SET	
Tani-otoshi		Hiza-gatame		Ippon-seoi-nage to Okuri-ashi-barai		Juji-ashi-shiho-gatame to Juji-gatame	
Yoko-otoshi		Waki-gatame		O-uchi-gari to Uchi-mata		Tate-shiho-gatame to Mae-sode-jime	
Yoko-wakare				Ko-soto-gari to Tai-otoshi		MARKS AWARDED FOR SECTION 5:	
Yoko-gake				MARKS AWARDED FOR SECTION 3:			
Uki-waza							
MARKS AWARDED SEC' 1:		MARKS AWARDED SEC' 2:					

Notes for the Examiner: Marking for Technical Dan Grades will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance.

Examiner Section 1: _____ SE No: _____ Date: _____	Examiner Section 6: _____ SE No: _____ Date: _____
Examiner Section 2: _____ SE No: _____ Date: _____	Examiner Section 7: _____ SE No: _____ Date: _____
Examiner Section 3: _____ SE No: _____ Date: _____	Examiner Section 8: _____ SE No: _____ Date: _____
Examiner Section 4: _____ SE No: _____ Date: _____	Examiner Section 9: _____ SE No: _____ Date: _____
Examiner Section 5: _____ SE No: _____ Date: _____	Examiner Section 10: _____ SE No: _____ Date: _____

SECTION 7 – Nage-no-Kata (Holders of County Level Nage-No-Kata Certificates are exempt from this section).										
		R	L			R	L			TOTAL
1st SET – Te-waza	Uki-otoshi			Kata-seoi				Kata-guruma		
2nd SET – Koshi-waza	Uki-goshi			Harai-goshi				Tsuri-komi-goshi		
3rd SET - Ashi-waza	Okuri-ashi-barai			Sasae-tsuri-komi-ashi				Uchimata		
4th SET – Ma-sutemi-waza	Tomoe-nage			Ura-nage				Sumi-gaeshi		
5th SET – Yoko-sutemi-waza	Yoko-gake			Yoko-guruma				Uki-waza		

SECTION 8 – Katame-No-Kata (Holders of County Level Katame-No-Kata Certificates are exempt from this section).									
1st SET – Katame-waza			2nd SET – Shime-waza			3rd SET – Kansetsu-waza			
Kuzure-kesa-gatame			Kata-juji-jime			Ude-garami			
Kata-gatame			Hadaka-jime			Juji-gatame			
Kami-shiho-gatame			Okuri-eri-jime			Ude-gatame			
Yoko-shiho-gatame			Kata-ha-jime			Hiza-gatame			
Kuzure-kami-shiho-gatame			Gyaku-juji-jime			Ashi-garami			
TOTAL									

SECTION 9 – Gonosen-No-Kata									
1st SET – Ashi-waza			2nd SET – Koshi-waza			3rd SET – Te-waza			
O-soto-gari to O-soto-gari			Kube-nage to Ushiro-goshi			Kata-seoi to Sumi-gaeshi			
Hiza-guruma to Hiza-guruma			Koshi-guruma to Uki-goshi						
O-uchi-gari to De-ashi-barai (Okuri)			Hane-goshi to Sasae-tsuri-komi-ashi						
De-ashi-barai to De-ashi-barai			Harai-goshi to Utsuri-goshi						
Ko-soto-gake to Tai-otoshi			Uchi-mata to Sukui-nage						
Ko-uchi-gari to Sasae-tsuri-komi-ashi						TOTAL			

Section 10 – Kokusai Shiai Waza									
1st SET		2nd SET			3rd SET				
Daki-ko-soto-gake		Morote-eri-seoi-nage			Yoko-tomoe-nage				
Soto-kibusu-gaeshi		Kata-soto-ashidori			Kata-sode-ashi-tsuri-komi-goshi				
Uchi-kibusu-gaeshi		Kata-uchi-ashidori			Soto-mata-seoi-otoshi				
Ryo-hiza-seoi-otoshi		Ryo-ashi-tomoe-nage			Ko-uchi-gake-mata-makikomi				
Kata-hiza-tai-otoshi		Kata-hiza-te-ouchi-gake-ashi-dori			Kata-eri-sode-tsuri-komi-goshi				
4th SET		5th SET							
Ushiro-hiza-ura-nage		Morote-kata-sode-tai-otoshi							
Hiza-soto-muso		Ashi-hara-gatame							
Yoko-kata-guruma-otoshi		Kata-te-ashi-koshi-jime							
Mae-hiza-uranage		Soto-ashi-dori-ouchi-gari							
Ryo-hiza-kata-guruma		Kata-sode-seoi-otoshi							
TOTAL									

OVERVIEW – Points requirements	1st DAN	2nd DAN	3rd DAN	4th DAN	5th DAN
Section 1 – Single Techniques	One from each set Examiners Choice	Two from each set Examiners Choice	Three from each set Examiners Choice	Four from each set Examiners Choice	Five from each set Examiners Choice
	40 from 50	80 from 100	120 from 150	160 from 200	200 from 250
Section 2 – Single Techniques	One from each set Examiners Choice	Two from each set Examiners Choice	Three from each set Examiners Choice	Four from each set Examiners Choice	Five from each set Examiners Choice
	40 from 50	80 from 100	120 from 150	160 from 200	200 from 250
Section 3 – Renzoku-waza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	24 from 30	48 from 60	72 from 90	96 from 120	120 from 150
Section 4 – Renraku-waza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	24 from 30	48 from 60	72 from 90	96 from 120	120 from 150
Section 5 - Kaeshiwaza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	24 from 30	48 from 60	72 from 90	96 from 120	120 from 150
Section 6 – Renraku/Kaeshi/Nige-waza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	16 from 20	32 from 40	48 from 60	64 from 80	80 from 100
Section 7 – Nage-No-Kata	Entire Kata	Entire Kata	Entire Kata	Entire Kata	Entire Kata
	180 from 300	180 from 300	180 from 300	180 from 300	180 from 300
Section 8 – Katame-No-Kata	Entire Kata	Entire Kata	Entire Kata	Entire Kata	Entire Kata
	90 from 150	90 from 150	90 from 150	90 from 150	90 from 150
Section 9 – Gonosen-No-Kata	Entire Kata	Entire Kata	Entire Kata	Entire Kata	Entire Kata
	72 from 120	72 from 120	72 from 120	72 from 120	72 from 120
Section 10 – Kokusai Shiai Waza	One set Examiners Choice	Two sets Examiners Choice	Three sets Examiners Choice	Four sets Examiners Choice	All Five sets
	40 from 50	80 from 100	120 from 150	160 from 200	200 from 250
Pass Mark	THE MINIMUM PASS MARK FOR EACH SECTION IS 80% AS INDICATED ABOVE (FOR SECTIONS 7, 8 & 9 ONLY THE MINIMUM PASS MARK IS 60%)				

Notes for the Examiner: Marking for Technical Dan Grades will range from 0 to 10 points for each technique. Examiners are required to assess the technical knowledge and understanding of candidates as opposed to their personal performance.

Return to: Jim Somerville, BJA National Dan Grade Registrar, 83 Whittle Street, Walkden, Manchester M28 3NX.